

Early Help for Children and Families at Astley C.E. Primary School.



At Astley C.E. Primary School we recognise that bringing up children is hugely important but can, at times, be challenging. In these moments, advice and information can really help. We are keen to be able to offer that support as soon as an issue emerges, at any point in a child's life, from Reception to Year Six.

This diagram shows how needs are assessed. We use this approach to ensure we provide the right support for different families' individual situations.



Through our school values of *love, respect, courage and joy* we aim to create a school community where children and parents trust staff in school and are able to share any concerns or worries they may have. This enables us all to work together as a team.

Looking after children in school is everyone's responsibility. However, the following staff and governors have particular responsibilities.

Designated Safeguarding Lead: Alison Reakes-Williams

Deputy Safeguarding Lead: Julie Turbutt

Safeguarding Governor (Resources); Lisa Screen

Safeguarding Governor (Curriculum: Sally Fowler

Designated Senior Lead for Mental Health: Alison Reakes-Williams

Deputy Lead for Mental Health: Julie Turbutt

Mental Health First Aider: Rachel Austin

Mental Health First Aider: Amanda Payton

Mental Health Governor: Claire Freeman

Anti-bullying governor: Amanda Clark

Lead First Aiders: Amanda Payton and Jen Ablett

Additional First Aiders: Natasha Mallen-Freeman, Jade Gourley, Michelle Hale, Hollie Kilgour

Special Educational Needs Co-ordinator: Rachel Austin

Lead Teacher for Looked After Children: Alison Reakes-Williams

Please contact these staff via the School Office or email office@astley.worcs.sch.uk

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The following Early Help is provided. This is to ensure that every concern, no matter how small is listened to and supported effectively, thereby ensuring the well-being of our children.

Level One support. (*Universally available to all children and families*).



Parent consultations: Our teachers are all

skilled professionals with a detailed understanding of the pupils in their care. They are happy to listen to concerns and worries you may have about your child and advice and perhaps a different perspective on an issue. Please either chat to them in the playground or make an appointment via the School Office.

Personal, Social and Health Education: This curriculum area, delivered by school staff, covers a range of issues relating to health and well-being developing children's knowledge of keeping them safe and well. This includes units on diet, exercise, drugs, and relationships.

Relationships and Sex Education: This complements our PSHE curriculum and enables the children to understand families, friendships and respectful relationships.

Internet safety: Children are taught how to keep themselves safe online and what to do should a concern arise. We take part in Online Safety week and invite a range of speakers in to talk to both parents and children about this important area of life.

Health education: These sessions, presented by the School Nursing service, give children key messages about hand washing, dental hygiene and road safety.

Safety information: From time to time school invites a range of agencies to present messages about road, water, electrical and fire safety to our children. This culminates in a very popular event for Year Six called the 'Young Citizens Challenge.'

First Aid and Medication: These staff are trained and able to give first aid to staff and children. This includes giving medication in line with our medication policy.

Level Two support. (*Available in school to children and families who need a little extra help*).



Attendance: Attendance is closely monitored in school by the Headteacher with termly meetings for any parents where attendance or late arrival is of concern.

Voluntary Mentor: These are 1:1 sessions provided to a small group of children on a termly or half-termly basis providing help managing anxiety, anger, or other situations which may overwhelm a young person.

Safeguarding and Mental Health Leads: These staff are available to meet with parents who have concerns in these areas giving advice and signposting help offered by other agencies. They ensure that all staff have a good knowledge of safeguarding concerns and are able to identify children who may need help and support.

Mental Health First Aiders: These staff can help to spot signs of common mental health issues, providing support and reassurance. They may also be able to signpost where to go for further help.

Special Educational Needs: Our SENDCo co-ordinates the support given to pupils and may be delivered in the classroom or in small groups for a short time outside the class. Our supports enables children to achieve their full academic potential.

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Level Three support. (*Agencies beyond school that are able to support families and children*).



School Nurse: Referrals can be made by staff. The

School Nurse is then able to meet parents at home or in school and give advice on physical and emotional health.

Family Support: Referrals are made by staff to Family Support. Our worker can meet parents and children either at home or school to address a range of issues including emotional well-being, sleep, diet, and behaviour.

Behaviour Support: Referrals are made by staff to Behaviour Support. Our worker works on a 1:1 basis with children and may also advise staff on behaviour strategies to improve a child's access to learning.

CAMHS CAST: Staff can refer pupils to this service within the Child and Adolescent Mental Health Services. This service generally offers a consultation service.

Reach4wellbeing: Parents can self-refer to this service within the Child and Adolescent Mental Health Services. They offer short term group support programmes for pupils experiencing mild to moderate emotional difficulties, low mood and anxiety. For further details: [Reach4wellbeing](#)

Targeted Family Support: Where the needs of a family are more complex TFS may be able to co-ordinate a group of professionals and family members to enable a more comprehensive package of support and information.

Community Social Workers: Staff in school can seek advice for families from a CSW through a booked telephone call which can then be relayed to parents.

Other agencies: Other agencies may offer counselling and advice to children experiencing alcohol abuse or domestic violence in their families or bereavement. Parents or staff can make these referrals to enable children to receive the right support at the right time.

Worcestershire Children First: For further details of Early Help please visit [Early Help](#)

Alternatively parents and carers may wish to access support or advice from these providers:

[Advice, care, help and support](#)

[Anxiety UK](#)

[Safeguarding Worcestershire](#)

[Mental Health Foundation](#)

[Parents Against Child Exploitation](#)

[NSPCC](#)

[Bullying UK](#)

[Footprints - support for bereavement](#)

[Childline](#)

The Family Front Door to Children's Services:

If a parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the FFD – 01905 822 666 or in an emergency always call 999.

