

Astley C.E Primary School Physical Education Policy

We will show everyone love and respect, living and learning with courage and joy.'



Our school aims to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes.

We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges, active lifestyles and choices at secondary school and beyond.

We strive to educate both our children and families to develop a greater understanding on how to live healthy lifestyles and make healthy choices. We are dedicated to ensuring healthy minds, as well as bodies and will continue to support our children's well-being. We have links with local clubs within our community to ensure the children and families receive the support and knowledge they need.

We promote the Schools Games Value

<i>Determination</i>	<i>Persevere to achieve our best and be successful.</i>
<i>Passion</i>	<i>To inspire ourselves and others to reach our goals. Aspire for excellence.</i>
<i>Respect</i>	<i>For all and everything; for our learning, learning from each other and celebrating our differences.</i>
<i>Honesty</i>	<i>To take responsibility for our own actions and participate with fairness and positivity</i>
<i>Self-Belief</i>	<i>Motivate and believe that we can all achieve.</i>
<i>Teamwork</i>	<i>Working together collaboratively and drawing on our strengths to achieve our aims.</i>

Through these values, we promote the British Values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.



PE curriculum

At Astley CE Primary School we recognise the importance that PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. We recognise the contribution of PE to the health and well-being of all our pupils. We believe that the PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of every single learner in our school.

The aim of our PE curriculum is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

Astley C.E Primary School Physical Education Policy

We will show everyone love and respect, living and learning with courage and joy.'



Teaching and learning

Our PE lessons are planned using the *Get Set 4 PE* platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. *Get Set 4 PE* is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

The curriculum planning in PE is carried out in three phases. The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

A qualified coach provides PE sessions for 1 hour per week and offers professional development opportunities for staff involved. We also have links with local sports clubs which enrich our long-term planning and provide the children with skilled, focused teaching from professional coaches. Teaching assistants offer additional support in these lessons to enable all our children to have full access to high quality physical education. The school has strong links with the local secondary schools and actively takes part in a cluster group with a range of different sporting activities and competitions being organised throughout the course of the school year.

In addition to the PE lesson time, we encourage our children to be physically active throughout the day. Children and staff take part in a daily run and a daily 'wake up, shake up' sessions. Sports Captains plan and deliver sporting activities during playtimes and lunchtimes. Whole school and cluster events ensure that our children are given the opportunity to experience a rich and varied diet of sporting activities and competitions.

EYFS

We encourage the physical development of our children in the nursery and reception class as an integral part of their learning. As these sessions are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they use resources and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

KS1 and KS2

PE is a foundation subject in the National Curriculum and as such, Astley uses the national scheme of work as the basis for its curriculum planning in PE. In Key Stage 1 we teach an outdoor and indoor PE lesson each week which could include dance, games, gymnastics & athletics. In Key Stage 2 we teach an outdoor and indoor PE lesson each week which include dance, games, gymnastics, athletics, health and fitness. We endeavor to support the National standard for swimming achievement (to be able to swim 25m) through swimming lessons.

Assessment

Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. Our knowledge and skills organiser show the progression between year groups.

Astley C.E Primary School Physical Education Policy



We will show everyone love and respect, living and learning with courage and joy.'

Monitoring and Reviewing

The planning and coordination of the teaching of PE is the responsibility of the subject leader, who:

- Supports colleagues in their teaching, providing a strategic lead and direction;
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires.
- Reviews evidence of the children's work and observes PE lessons.
- The quality of teaching and learning in PE is monitored and evaluated by the subject leader.

Health and Safety

We recognise that participation in PE and physical activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control. Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g., physical disability, asthma. Staff know about the safe practices involved in moving and using apparatus.

Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible, they should be securely taped, and the teacher is confident this strategy is effective. Our School provides an appropriate PE kit for all children and keeps spare sets in school. Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics, dance and yoga. Teaching staff should be appropriately dressed to teach PE.

Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/space that PE and school sport takes place in. Equipment and apparatus are stored safely at the end of each lesson. Pupils are taught to always consider their own safety and that of others, particularly prior to sessions beginning.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment. Risk Assessments are in place for all school sporting trips.

School Sports Premium

Astley Church of England Primary School Sport and P.E. development priorities based on our school context and identified pupil need.

- To provide opportunities for all pupils to access sporting and physical activities, both competitive and non-competitive, by increasing levels of engagement and participation of reluctant/non-participants in regular physical activity.
- To enrich ALL children's experiences with broad and balanced opportunities in a range of physical activities and to promote multi-cultural awareness.
- To promote positive healthy attitudes towards sport and P.E. and focus on Health and Well-being; know ourselves and promoting personal challenges.
- To promote positive learning behaviours and emotional well-being.
- To increase confidence, knowledge and skills of teaching staff in P.E. and Sport.