Jeu de Paume (Palm Game)



What you need: a ball and a wall

How to play:

Using the palm of your hand, can you...

- Hit ball up continuously?
- Bounce the ball down continuously?
- Hit the ball up, let it bounce once then hit it up again? How many can you do in a row?

Playing against a wall, can you...

• Hit the ball against the wall, let it bounce then hit it again keeping a rally going? How many can you do in a row?

